# **Multi Sport Activity Camp**

# Info for Parents & Guardians



## **LUNCH**

Please ensure children are provided with a healthy packed lunch, snacks and water.

#### **REGISTRATION**

Children should arrive at the Sir Ben Ainslie Sports Centre for registration between 0830-0900. There will be a member of staff in the entrance of the sports centre to do registration. All children need to be collected from the Sir Ben Ainslie Sports centre between 1700-1730, somebody will be in the entrance again to sign children out. If you need to pick your child up early please inform us in the morning.

#### **ADDRESS**

Sir Ben Ainslie Sports Centre, Truro School, Trennick Lane, Truro, TR1 1TH.

## **WHAT TO BRING**

Please dress appropriately in trainers (no black soled shoes allowed in the sports hall), and suitable clothing for a variety of sporting activities.

- Clothes suitable for outdoors
- Swimming kit (costume, towel and googles)
- Healthy snacks
- Lunch (NO NUTS)
- Filled water bottle

#### **MEDICAL CONDITIONS & ADDITIONAL CONSIDERATIONS**

If your child has any known medical conditions or additional considerations that we need to know about, please email or contact us directly to make us aware. It is the responsibility of the parent / guardian to inform us of this in advance.

While children are welcome to bring mobile phones, we will ask them not to get them out of their bags unless they need to check for any messages at break or lunch time.

Thank you,

The Sir Ben Ainslie Sports Centre team

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